

Living for What Lasts

June 22nd

Summary of the Message

This week we were reminded that we all receive the same gift every morning - 24 hours. The question is not how much time we have, but what we do with the opportunities God places in our path.

Using the Greek words *chronos* and *kairos*, we explored what Paul really meant in Ephesians 5 when he called us to “make the best use of the time.” *Chronos* is the clock — measurable hours and days. *Kairos* is something different: the God-given opportunity, the appointed moment, the window that will not stay open forever.

Paul — writing from a Roman prison — was not telling us to manage our calendars better. He was calling us to stay close to God, remain alert, and seize the eternal opportunities He puts in front of us before they are gone.

Jesus modeled this perfectly. With only three years of public ministry, He was never in a hurry — yet He never missed a moment. He stopped for the blind man, the bleeding woman, the tax collector in the tree, the woman at the well. These weren't interruptions to His ministry. They **were** the ministry. He invested in few to reach many — and twelve ordinary people turned the world upside down.

The question for us is not: “What should I add to my schedule?” It is: *How do I stay positioned to receive the kairos God is already preparing for me?*

Key Bible Verses

Ephesians 5:15–17 (ESV)

“Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is.”

Psalms 90:12 (NIV)

“Teach us to number our days, that we may gain a heart of wisdom.”

Acts 17:6 (NKJV)

“These who have turned the world upside down have come here too!”

Start Talking: Spark Conversation

1. If you found out today was your last day, what would you regret not having done or said?
2. Have you ever missed an opportunity — a conversation, a decision, a moment — and wished you could go back? What happened?

Start Thinking: Deepen the Thought

1. Paul uses the word *kairos* — the God-given opportunity — not *chronos* (clock time). How does that change the way you read Ephesians 5:15–17?
2. Jesus stopped for people even when He was on His way somewhere else. What does that say about how He valued people over plans? Is there someone in your life right now who might be a *kairos* moment in disguise?

Start Sharing

1. Think about a moment that changed your life — a conversation, an encounter, a decision that seemed small at the time. Looking back, can you see God's hand in it? What happened?
2. Is there a season in your life — past or present — where your *chronos* felt restricted (illness, loss, limitation) but God was still at work in your *kairos*? What did that look like?

Start Doing: Commit to Act

1. Name one person God may be putting in front of you right now as a *kairos* opportunity. What is one step you can take this week to invest in them?
2. Moses prayed: “Teach us to number our days.” Do the exercise: write down roughly how many days you have left. How does seeing that number make you feel? What does it make you want to change?

Praying:**Lord Jesus,**

Thank You for every kairos moment You have placed in our lives — including this one. Forgive us for the opportunities we have let pass because we were too busy, too distracted, or too far from You to recognize them.

Help us to stay close to You, so we can see people the way You see them. Give us the courage to stop, to invest, to say the thing that needs to be said. Teach us to number our days, and use every one of them for what lasts.

In Jesus' name, amen.

Announcements:

- The Way Camp 2026 — September 18th–20th. Link: contribua.pibcuritiba.org.br/theway
- HOP every Friday 7pm at Formation Center
- Be part of our team: become a volunteer!
- Give your offering through Contribua: <https://contribua.pibcuritiba.org.br/produtos/paginaproduto/135>