

The Lord is my Shepherd

Israel - Agost, 08/2026

Key Verses

Psalm 23:1-6 : The LORD is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right paths for his name's sake. Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

Summary of the Message

Psalm 23 is a map of the Christian life. David — himself a former shepherd — declares a personal relationship with God ("my" Shepherd) that guarantees provision ("I shall not want"), guidance through the darkest valleys ("I will fear no evil"), and restoration even in the presence of enemies (a prepared table, an overflowing cup). The psalm ends with the certainty that goodness and mercy pursue us all our days, and that we will dwell in God's house forever.

Start Talking: Spark Conversation

1. Can you remember a recent decision where you felt God's guidance leading your steps?
2. "Thinking about verse 4, what is the biggest 'dark valley' or difficulty you are facing today, and where do you need to feel God's comfort and embrace?

Start Thinking: Deepen the Thought

4. God gives us what we need, not merely what we want. The Shepherd knows His sheep — food, water, rest, safety — and rest comes before the journey. 2 The Lord Guides — "I will fear no evil" (Psalm 23:4)

5. The valley is not optional in the Christian life, but neither is His presence. God doesn't spare us from the valley — He walks us through it. We are never alone 3 The Lord Restores — "My cup runneth over" (Psalm 2)

6. God doesn't just sustain us — He honors us with abundance in the middle of our battles. His goodness and mercy pursue us every day of our lives.

Conclusion

The journey of Psalm 23 moves from rest to provision, from provision to protection, from protection to restoration — ending in the eternal promise of dwelling in God's house forever. The Shepherd is with us in every season.

Start Doing: Commit to Act

9. Declare daily "The Lord is my shepherd"; identify your valley and trust Him through it; celebrate the table He has prepared; and be a shepherd's voice to someone walking through their own valley.

Announcements:

- Be part of our team - become a volunteer!
- HOP every friday 7pm at Formation Center
- Give your offering through Contribua, so it goes straight to The Way Ministry. Link: <https://contribua.pibcuritiba.org.br/produtos/paginaproduto/135>

